



# International Women's Club of Kinshasa, DRC

APRIL 2011

## President's Note

Dear Members,

I'm not in Kinshasa at the moment, I'm in Belgium for my grand-daughter's birth, Thiane Anna Maria, but I'm with you with my thoughts ...

We are already in April and, as I told you last month, we are having elections in May. I hope that many of you have thought about serving at the Board. If you would like to be involved in any position of the Executive Committee, please fill in the "sign-up sheets" at the upcoming coffee morning or send an e-mail to IWC ([iwckinshasa@gmail.com](mailto:iwckinshasa@gmail.com)).

Everyone is welcome with new ideas, experiences... to give a little of your time to help organizing events - the Christmas, Bazaar, the Annual Ball, or to simply help where there is need. Or, by being involved with Welfare and visiting projects that we are assisting. It is so interesting and sad at the same time, because you can't even imagine how many people are suffering, especially the children. Many people are in desperate need of help, and, believe me, it is a great satisfaction for us when we can give or do something to help others.

So please, don't be shy - put your name down for a position that is most suitable for you and help the club continue to do great things.

As you all know, our next big event it will be our "Latino Evening" with the band "The Best" at the Memling Hotel on Saturday 30 April. The "Ball Committee" is working very hard to raise money from sponsors and tombola's prizes from donors for the two beneficiaries of the evening - Brother Mauro for the street children and Father Hugo for Kimbondo Pediatric Hospital. Tickets will be available at the coffee morning, so please come along with your husband and friends for a fun evening and contribute to two wonderfully worthy causes.

With all my affection and respect

Manuela  
IWC President

## 2010-11 Executive Board

### President:

Manuela deBoever

### Past President:

Hanne Dokolo

### Vice President:

Marie-Agnés Fontaine

### Co-Treasurers:

Viviane Azemchap &

Hazar Azzam

### Co-Secretary:

Open Position!!

### Welfare Committee

#### Chair:

Fatima Abdullahi

Pam Schmoll

### Activities Committee

#### Chair:

Open position!!

### Hospitality Committee:

JP Berner

\*Open position!!

### Fundraising Committee:

Wyn Hawker

Alexandrina Matos Maia

Trindade

*\*\* Please contact Manuela deBoever  
[manuela.pizzaia@sotramar.cd](mailto:manuela.pizzaia@sotramar.cd)  
if you are interested in one of the vacancies stated above.*

## ANNOUNCEMENTS

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### OUR JAPANESE FRIENDS

Kinshasa's International Womens Club would like to send their heartfelt sympathies to the people of Japan. You are in our hearts and minds.

#### **MESSAGE FROM THE AMBASSADOR OF JAPAN'S WIFE, MASAKO KITAZAWA:**

As you know, in Japan, there has been the most disastrous earthquake on record, followed by the biggest Tsunami. Many Japanese victims have been confirmed dead. My husband and I have been greatly shocked. We have been in contact with our children in Japan.

Earthquakes are still occurring in Japan, and now there is a problem with the nuclear plant. I strongly believe that the Japanese people and their children can over come this difficult situation. I very much appreciate the expressions of sympathy and encouragement I have received.



### MONTHLY COFFEE MORNING

**Date :** Tuesday 5th April 2011

**Time :** 9 :30 am

**Place :** U.S. Ambassador's Residence, Nzongotolo No.2, Gombe.

**Speaker :** Mrs Brigitte MBUYI BILONDA, Directrice chef de service d'Horticulture et Reboisement, au Ministère de l'Environnement, Préservation de la Nature et Tourisme, expert for the association "l'Etoile d'Afrique".

**Theme :** Contribution of the Congolese Woman to the reconstitution (preservation) of the rainforest in the DRC.

*Please remember to bring photo ID !*

Ball tickets and Tombola tickets will be for sale, so remember to bring your money

### ELECTIONS

Elections will take place by a ballot at the May Coffee Morning. Expressions of interest should be sent by email to IWC, or submitted on the sign-up sheets circulating at the April Coffee Morning. The more members that are involved, the merrier...your club is what *you* make it to be !

### ITALIAN PASTA COOKING CLASS

By Chef Jean-Marc

**Date :** Tuesday 12th April 2011

**Time :** 10am

**Place ,** chez Manuela / 10 persons maximum.

A sign up sheet will be available at the coffee morning. Priority to full paid members, then monthly paid members.

Members : free ; non-members : 5\$ club fees

## ANNOUNCEMENTS

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### **CLUB OUTING TO ARTISTS ATELIERS**

Visit to 2 merging artists' ateliers in Kinshasa

**Date :** Thursday 14th April.

**Time:** 9.30a.m.

**Place :** Lower parking Grand Hotel



Priority to full paid members, then monthly paid members.

Members : free ; non-members : 5\$ club fees

- Atelier Eddy Mbikulu : born in 1971 in Kinshasa, Mbikulu graduated from ABA. Colors and iron parts used to express the merge of soul and love beyond traps of society.
- Atelier Kayamba : born in 1966 in Kinshasa, Kayamba graduated from ABA. Expresses altruism in the community as unique power of man on the world.

### **NEWCOMERS COFFEE MORNING**

On Tuesday 22 March, there was the first Newcomers coffee morning at Café Mozart. A small group met. Contact details were swapped, a general discussion about life in Kinshasa took place, and it was a fun morning. Many thanks to Dorothea for hosting!

The next Newcomers coffee morning:

**Date :** Tuesday 12th April

**Time:** 9.30a.m.

**Place :** Café Mozart.

Newcomers and members are welcome to attend this lovely opportunity to catch up and talk. There is no charge for this event, but coffee and refreshments will be available for purchase.

### **IWC AND PHOTOS**

We thank you in advance for respecting the following requests regarding members' privacy:

- No photos should be taken at any residence the IWC is invited to, unless permission given by the hostess.
- No photos taken during outings, lunches or any club event should be shared on Facebook unless permission given by all persons concerned.

## FUNDRAISING COMMITTEE MESSAGE

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**THE BALL IS ALMOST HERE!**



A HUGE Thank You to all those members who have been involved in helping with the preparation for this evening to date – it is all tremendously appreciated and will all contribute to what will be a fantastic event. If you have any queries, or would like to be involved in organising the Ball, please contact Wyn (099 59 02 800; [wynhawker@hotmail.com](mailto:wynhawker@hotmail.com)).

We shall be having weekly meetings in April and continue to welcome those who signed up to help, as well as any other members who have since decided that they would like to be involved. Meeting dates will be: Thurs 7 April, Weds 13 April, Thurs 21 April; and Thursday 28 April

Assisting Congolese children is an investment in the future of the DRC. The beneficiaries of our 2011 Ball will be:

The Servants of Charity (Brother Mauro) for street children

Kimbondo Pediatric Clinic (Dr. Father Hugo)

Both of these organisations do so much to wonderful work to help children who could, one day, be helping lead this country.

With ticket prices of USD\$80 per person, we are hoping that as many members as possible will attend the Ball with their husband, and bring along friends and enjoy a lovely gala dinner, fantastic music from the band 'The Best', participate in our 'silent auction' and buy some tombola tickets with the chance to win some lovely prizes (USD5). Both Ball and Tombola tickets will be available at the April coffee morning.

So, please come and dine, dance, enjoy the company of friends, and help invest in the future of the DRC!

Kindest regards,

Wyn and Alexandrina , 099 59 02 800; [wynhawker@hotmail.com](mailto:wynhawker@hotmail.com)

## WELFARE COMMITTEE MESSAGE

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### HIGHLIGHTS

- Last Coffee morning we presented garden tool donations to the sisters of St. Jerome.
- A visit was made to Boyambi school to check on the request of the water drainage and sanitation.



- A visit was paid to Marche Kalembe, the site where handicapped families live in the market:
- Land was given to them by the government on a Red Cross plot to build a house. Using their own funds, the basic structure was build, but they still need some materials to finish the construction. It was agreed that IWC would help fund them to be able to finish the work.
  - Dr Dorothea will oversee the work progress and dispenses of the money needed.
- Executive Committee approved funding for some new projects.
- Projects to receive funds from ball are
  - Frere Mauro, on the request of equipments for the Shegue children's shelter
  - Pere Hugo- Kintombo Pediatric Hospital.

### NEW PROJECTS

If you have a project that will leave a positive effect on the society and you are looking for funding, please contact Welfare Committee Chair, Fatima Abdullahi at [faabdullahi@yahoo.com](mailto:faabdullahi@yahoo.com).

### DATES FOR DIARIES

**Monday 11 April** – Welfare outing: 8.30am, Grand Hotel, lower parking.

**Monday 18 April** – Welfare committee meeting: 9.30am US Residence (please remember to bring photo ID).

## MEMBERS MURMURS

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### SUSHI MAKING CLASS



A lucky group of 7 enjoyed a fantastic Korean sushi 'Kimbap' class with Hyemyung on Monday 7 March. It was lovely to see, from the very beginning, how to produce perfectly rolled sushi. Without a doubt, the 'rolling' is the tricky part! Many thanks Hyemyung for a wonderful class, the Korean tea, the packages of own rolled Kimbap to enjoy later, and the seaweed nori sheets from which to use at home. Great fun was had by all, and our Kimbap was enjoyed by our loved ones at home!



## MONTHLY RECIPE

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**NIGELLA'S ICE CREAM**, provided by Wyn and from Britain's Nigella Lawson's ([www.nigella.com](http://www.nigella.com)) book, 'How to Eat'. It is also lovely made with orange or mandarin (also called Clementine), and is perfect for those who don't have an ice-cream maker or just want a quick and easy to make ice-cream:

3 juicy lemons, preferably unwaxed  
420 ml cream  
170 g icing sugar

- 1.. Grate the zest from 2 of the lemons. Squeeze the juice of all 3 lemons and pour into small bowl with grated zest and icing sugar. Stir to combine and leave for 30 minutes, if you can, to let the flavour deepen.
- 2.. Whip the cream until holds soft peaks, and then whisk in the sweetened lemon juice mix. Turn into shallow container, cover and freeze. No additional stirring etc. required.
- 3.. Place in fridge about 40 minutes before serving to allow to soften.

## SITES AND SIGHTINGS

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### MARCH LUNCH



On another hot Friday afternoon, a group of 20 ladies (guests and members) enjoyed the shade under the O'Poeta pailote where we shared a yummy buffet with Capitaine and Beef fillet, followed by Chocolate Mousse, and accompanied by the efficient service and politeness of the O'Poeta serving and waiting staff. Thank you to those who attended, and the friendship, conversation and laughter we all shared.

### MARCH OUTING

**FOR OUR MARCH OUTING** we visited monsieur Marcel's atelier who is situated inside the Institut Professionnel de la Gombe where a room has been allocated to him and where he can fit 4 to 6 workers. A nice and informative time spent with him listening to his story: he started quite young with leather craft in Kivu and is now teaching as many people as he can.



In the room, some helpers were fixing handles on bags, putting glue on shoe soles or cutting leather. It was so interesting listening to him explaining and showing us how to make a shoe, for example one with the top part being made out of kuba: a real knowhow.

The result: pretty, original and comfortable shoes. And what about tanning the leather? M. Marcel was trained by a Belgian teacher but transformed his tanning methods by using plants instead of minerals.

Bags designs vary in size, colour, material and M. Marcel welcomes orders for shoes or bags. To pop in to view, or place an order, here are his contact details:

Maison Shekaba cuir. M. Marcel . Tel : 099 7767230 / 089 6898724

## SITES AND SIGHTINGS

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### **FEMME DE COURAGE**

IWC Kinshasa has been again been a partner in the women of courage award (Femme de Courage) for 2010/11. The last day of March, a ceremony at the Grand Hotel gathered a huge number of women during which the award was attributed to Mrs Madeleine Efinole Yeloka, also known as Moseka : She founded the "Centre de Promotion Maman Efinole Pour les Femmes Handicapées", (CEPROMEFAH) situated in Kinshasa, Kasa-Vubu to enable disabled women learn sewing, knitting or housekeeping. Suffering from Polio, Moseka was unable to attend school as long as she would have wished, making her work in establishing such a centre even more inspirational.



IWC Kinshasa expresses its congratulations and best wishes to the winner of the 2010/11 award of Femme de Courage !

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### *CLASSIFIED ADS*

#### ***THERAPEUTIC MASSAGE***

**Contact:** Sylvie Sereshgi, 0812678643, [sylvies2002@yahoo.fr](mailto:sylvies2002@yahoo.fr)

Address: Concession Belle Vue/Opposite GB Villa 020

#### ***PHYSICIAN, GENERAL PRACTITIONER***

Complementary Medicine, Pain Management, Holistic Medicine, Natural Therapy, Psychotherapy, Homeopathy, Acupuncture

**Contact:** Dorothea Von Stumpfheldt, 0810845135, [dvonst@gmail.com](mailto:dvonst@gmail.com)

Address: Centre de Rééducation pour Handicapés Physiques Av. De la Démocratie (Huilerie), Kinshasa – Gombe

#### ***CATERING***

**SAMOSAS & SPRING ROLLS** at a reasonable rate - as enjoyed at the 2010 Christmas Bazaar.

**Contact:** Papa Tiala , 099 870 4035

**ASSISTANCE WITH SETTING UP, PACKING UP, WASHING DISHES, FOOD SERVICE:** Joyce ably assisted the IWC during our monthly coffee mornings and the ‘*pot luck* lunches’ held at the SA Recreation Centre, as well during our 2010 Christmas Bazaar, with all of the previously mentioned tasks in a professional manner.

**Contact:** Joyce Katende, 089 725 8331

## ABOUT US

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**THE INTERNATIONAL WOMEN'S CLUB OF KINSHASA (IWC)** is a philanthropic and social membership based organization comprised of women and men from the local and international communities. In addition to providing assistance to local community projects, the Club also provides a social space for women and men from all over the world. The IWC is considered an English speaking Club, however the language needs of non English speakers are accommodated when possible. Regular monthly activities are coffee mornings which provide beverages and confectionaries, lunches and one excursion to a site in Kinshasa. These activities are free for members however open to non-members for a small fee. All are welcome!

The Club by-laws state the IWC's purpose as:

- To provide an opportunity for women and men of all nationalities to meet and to promote good relations within the community.
- To conduct activities for the benefit and welfare of such persons or groups of persons of Congolese nationality as may be designated by the Club.
- To provide information and understanding of our host country through speakers and trips and to help newcomers become integrated into the international community.

Club members are mostly expats based in Kinshasa, however also includes local business, academic, artistic, social, government and international persons. It is a good networking and support space for people and can add value to any newcomer or resident of the city!

### **2010-2011 membership fees are as follows:**

**Members joining in September to December: \$150**

**Members joining in January, February, March: \$100**

**Members joining in April, May, June: \$50**

**Temporary membership \$20 per month. No charge for the first meeting.**

These memberships are valid from the date of payment until the first coffee morning of September 2011.

Monthly memberships are available for \$20 and entitle the member to activities until the next Coffee morning (primarily for use by temporary residents of Kinshasa).

Membership entitles the member to join in all the activities, browse the website version of the Kinshasa Newcomer's Guide, invite a guest to the monthly lunch and to the Coffee morning, place articles and notices in the newsletter, and more.

Only a nominal % of membership fees are used for administrative and social activities of the club. The major administrative expenses are donated by volunteer members, especially the IWC Board. The majority of fees collected go to the welfare budget which supports organizations and projects working toward development of communities and combat poverty in Kinshasa.



## International Women's Club of Kinshasa Activities Calendar – April 2011

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday | Sat/Sunday                                 |
|--|--|--|--|--------|--|
|  |  |  |  | 1      | 2/3  |
| 4  | 5<br><b>9:30am<br/>IWC Coffee<br/>Morning</b>  | 6  | 7<br><b>9:30am<br/>Ball<br/>Committee<br/>Meeting</b>  | 8      | 9/10                                       |
| 11<br><b>9:30am<br/>Welfare<br/>Outing</b>                 | 12<br><b>10am<br/>Pasta<br/>Making</b><br><b>9:30am<br/>Newcomers<br/>Coffee<br/>Meeting</b> | 13<br><b>9:30am<br/>Ball<br/>Committee<br/>Meeting</b> | 14<br><b>9:30am<br/>Club Outing</b>                    | 15     | 16/17                                      |
| 18<br><b>9:30 am<br/>Welfare<br/>Committee<br/>Meeting</b> | 19<br><b>9:30am<br/>Executive<br/>Committee<br/>Meeting</b>                                  | 20   | 21<br><b>9:30am<br/>Ball<br/>Committee<br/>Meeting</b> | 22     | 23/24                                      |
| 25   | 26<br><b>9:30am<br/>Executive<br/>Committee<br/>Meeting<br/>Elections</b>                    | 27   | 28<br><b>9:30am<br/>Ball<br/>Committee<br/>Meeting</b> | 29     | 30<br><b>8pm<br/>IWC Latino<br/>Soiree</b> |

**Priority given to members where places are limited, activity charges may apply for non-members**